

5% 5-Fluorouracil + 0.005% Calcipotriol

What is 5FU/Cal?



5FU/Cal is a compounded cream utilizing the chemotherapy properties in traditional Efudix with the immune action of Calcipotriol.



Why do I need a field treatment?

Actinic keratosis / solar keratosis represents UV damage to the outer layer of skin.

Each spot carries with it a risk of around 5% of progression to an SCC. By clearing the sun damage, we lower this risk and also improve the cosmetic appearance.

Treatment of your solar keratosis:

1. 5FU/Cal
2. Traditional Efudix twice daily for 3 weeks
3. Photodynamic Therapy - daylight / LED
4. Cryotherapy
5. Daily Sunscreen Application

The mainstay for treatment of solar keratosis was using Efudix for 3-4 weeks. Long terms studies¹ show a 70% reduction in formation of SCC (squamous cell carcinoma) at 12 months and no difference at 3 years, so we will need Efudix field treatment every 3 years to maintain clearance. Using the combination cream we see a reduction of SCC formation of 75% maintained at 3 years²

How to apply?

This cream is a potent chemotherapy agent, so you only need to apply a thin layer. You don't need to be exact as normal skin will rarely react. No need to wash it off. Always apply at least 60 mins before bed so it absorbs and doesn't move onto eyes and lips.

Twice day application for the following period:

- Face 4 days
- Scalp 6 days
- Body and limbs 6-8 days
- Lips 2 days



